

◆ The seat is angled to isolate the quadriceps muscles. Pivot points are placed precisely parallel to the knee for biomechanically correct movements. Adjustable foot rollers adapt to all leg lengths. The Jerai Fitness Leg Extension provides a maximum weight of up to 165 lbs.

◆ **DIMENSION:**  
Length : 56 inches / 142 cms  
Width : 44 inches / 112 cms  
Height : 56 inches / 142 cms  
Weight Stack : 165lbs / 75kg

◆ **MUSCLE WORKED:**  
Vastus Lateralis  
Rectus Femoris  
Vastus Intermedialis

